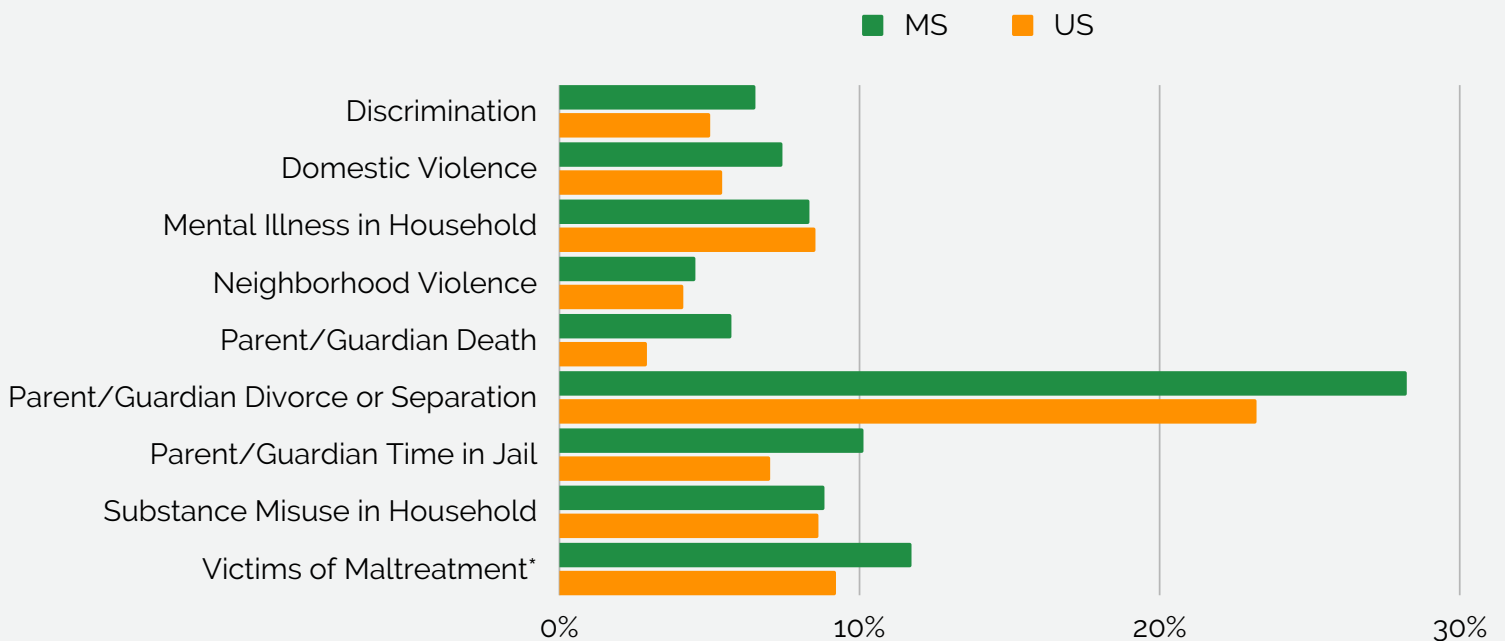


# DATA BRIEF: MISSISSIPPI INDICATORS OF CHILD WELLBEING

## SOURCES OF STRESS

Adverse childhood experiences are a collection of major adversities experienced during childhood that have the potential to overload the brain and body and result in poor child and adult outcomes. These experiences are particularly concerning during the first few years of life when the foundation of the brain and nervous system are being developed. Research shows that these types of toxic stressors can be mitigated by nurturing, supportive, and stable relationships.

**Adverse Childhood Experiences Indicators, Mississippi, 2020 [1]**



\*This rate reflects children involved in CPS who are victims of emotional abuse, medical neglect, neglect, physical abuse, sexual abuse, trafficking, and "other" forms of abuse or neglect. These rates were found at source [2].

Ratio of Children in Care to Licensed Foster Homes, Mississippi, 2021 [4]

**2 : 1**

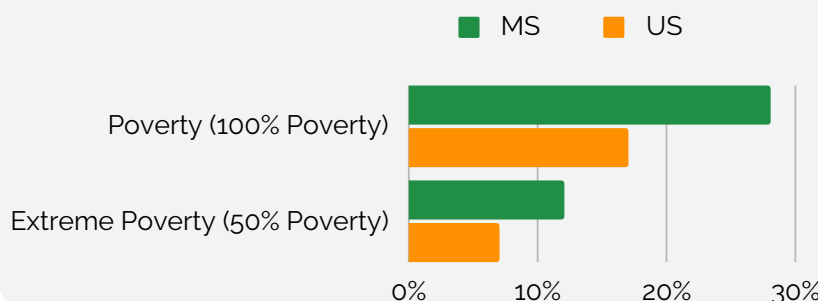
Number of Licensed Foster Homes in Mississippi, 2021 [4]

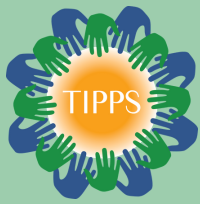
**1870**

Number of Unique Child Maltreatment Victims in Mississippi, 2020 [2]

**8,136**

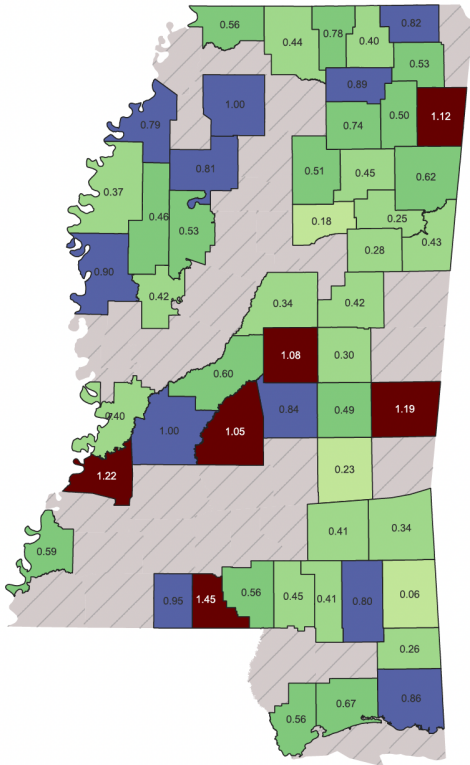
**Childhood Poverty Rates, Mississippi, 2019 [3]**





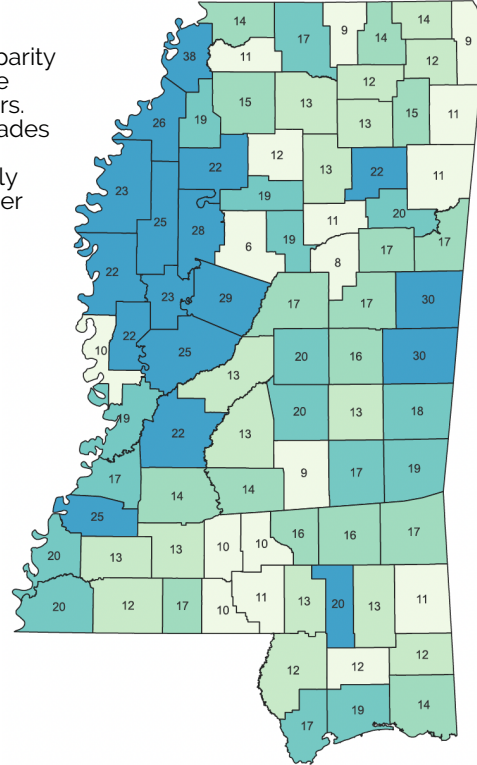
# DATA BRIEF: MISSISSIPPI INDICATORS OF CHILD WELLBEING

## Single Mothers' Incomes as a Percentage of Single Fathers' Incomes, by county [5]

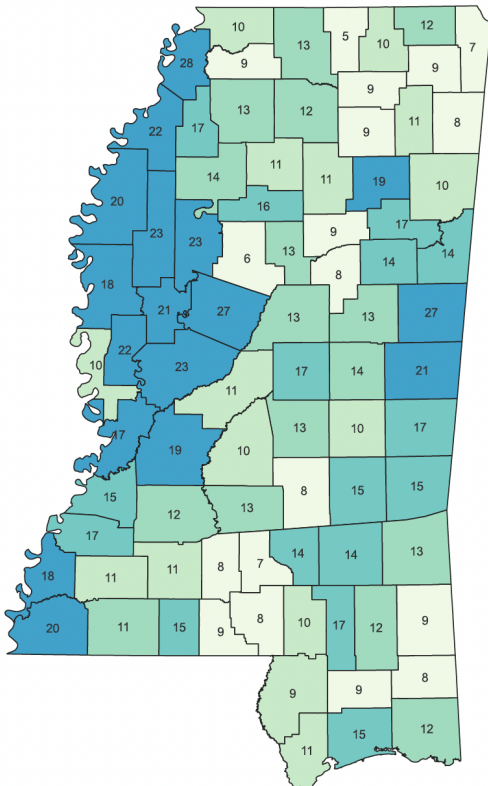


This map depicts the disparity in income between single mothers and single fathers. The counties in green shades represent areas where mothers earn substantially less than their single father counterparts.

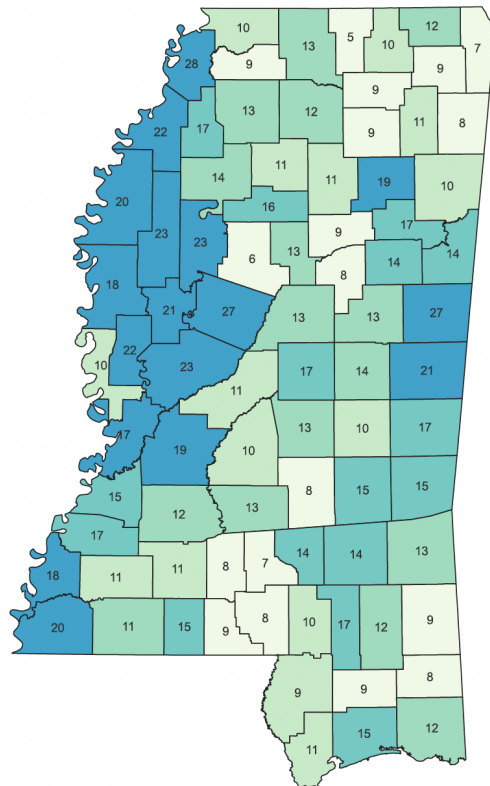
## Share of Families that are Single Parent Households [5]

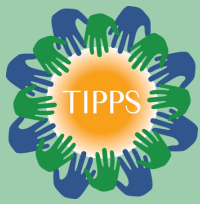


## Share of Families that are Single Mother Households [5]



## Share of Families that are Single Father Households [5]



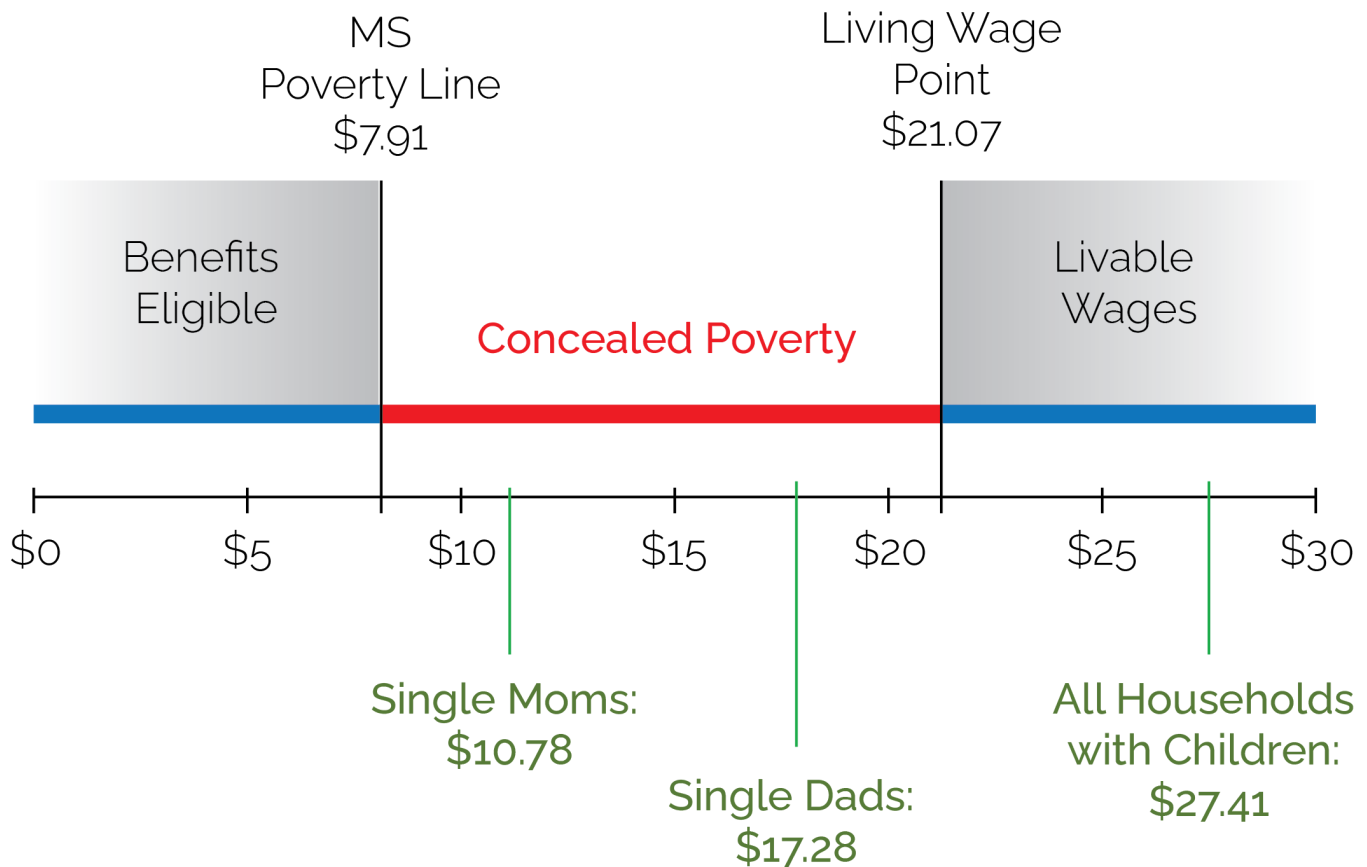


# DATA BRIEF: MISSISSIPPI INDICATORS OF CHILD WELLBEING

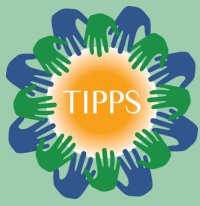
## ☆☆☆ POVERTY ☆☆☆

When working parents are unable to pay the bills on their salaries, the whole family suffers.

- Working odd hours or multiple jobs limits the amount of quality family time. Having time together as a family outside of basic caregiving is important for the health of the family.
- Struggling to figure out how you are going to keep the lights on does not leave one with the cognitive capacity to support and guide your child. Survival becomes the goal, not assisting children in developing in a healthy way.
- Limited wages, especially for those parents who do not qualify for childcare subsidies but also do not earn a living wage, influence the quality of care the child receives while the parent is at work. Quality childcare is critical to the success of the workforce.
- Monetary stress is the number one cause of spousal arguments.



Research shows that the best ways to address adverse childhood experiences is through building responsive relationships and strengthening executive functioning and self-regulation skills. In the following pages, we share specific data points regarding responsive relationships and regulation and research-backed strategies to increase capacity in these areas.



# DATA BRIEF: MISSISSIPPI INDICATORS OF CHILD WELLBEING

## ★ ★ ADDITIONAL RESOURCES ★ ★

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Mississippi State University Extension. "Tips for Taking Care of Yourself: Self-Care Practices." Available at: <https://extension.msstate.edu/sites/default/files/publications/publications/P3516.pdf>

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Mississippi State University Extension. "Handling Grief and Loss." Available at: [https://extension.msstate.edu/sites/default/files/publications/information-sheets/IS1796\\_web.pdf](https://extension.msstate.edu/sites/default/files/publications/information-sheets/IS1796_web.pdf)

TIPPS Signup Page: <https://redcap.msusrc.com/surveys/?s=NDD8JDAYYE>

## REFERENCES

[1] [https://www.americashealthrankings.org/explore/annual/measure/ACEs\\_8/state/MS](https://www.americashealthrankings.org/explore/annual/measure/ACEs_8/state/MS)

[2] <https://cwoutcomes.acf.hhs.gov/cwodatasite/childrenReports/index>

[3] <https://datacenter.kidscount.org/data#MS>

[4] <https://www.fostercarecapacity.com/states/mississippi>

[5] <https://www.census.gov/data/developers/data-sets/acs-5year.html#:~:text=The%20%2Dyear%20estimates%20from,areas%20and%20small%20population%20subgroups.>

